PERIODONTICS OF SOUTHERN ILLINOIS

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PRE-SURGERY INSTRUCTIONS

- 1. Eat prior to your appointment.
- 2. After your treatment, you will be instructed to eat a soft diet for the next few days (scrambled eggs, pasta, soup, etc)
- 3. You will be able to drive yourself to and from the appointment. The exception to this would be if a pre-surgical anti-anxiety medication was prescribed, then you will need a driver.
- 4. DO NOT TAKE any of the following medications for 7 days prior to your appointment: Ibuprofen; Aleve; Motrin; or Advil

You will be able to resume these medications following the treatment.

- 5. If you take prescribed medications (other than those noted above), take them as you normally would. If any changes in your medications prior to your appointment, please call our office.
- 6. If you have any changes in your health, or any questions, please call our office.
- 7. The day of your surgery, you will need to "take it easy". We want you to rest; take the pain medication; and use the ice as instructed.